

A HAPPY  
NEW YEAR




















Guest  
Speakers:

AVALON PLACE- MEDICARE BENEFITS- ALICIA COLEMAN  
SUMMIT MEDICAL- HEALTH FAIR- SUSIE TACL  
PRAIRIE VIEW A&M- DIABETES CARE- FRALONDA ANDERSON



Fort Bend Seniors, Meals On Wheels  
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January 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1. <b>CENTERS CLOSED HAPPY NEW</b>
4. <b>BINGO</b> 	5. ROSENBERG- FRALONDA FLORAL ARTS AND CRAFTS 	6. <b>BINGO</b> 	7. ROSENBERG- ALICIA FRESNO- PIZZA PARTY DOMINOES AND GAMES  Bible Study 	8. TRI-CITY- BIRTHDAYS ROSENBERG- BIRTHDAYS FRESNO- BIRTHDAYS MOVIE & POPCORN 
11. <b>BINGO</b> 	12. TRI-CITY- B.P. ROSENBERG- B.P. KENDLETON- POEMS FULSHEAR- FRALONDA CRAFTS 	13. <b>BINGO</b> 	14. TRI-CITY- WALMART KENDLETON-ALICIA FRESNO- WORD OF RES- TORATION  Bible Study 	15. KENDLETON- SING-A- LONG MOVIE DAY 
18. <b>CENTERS CLOSED MLK DAY</b>	19. TRI-CITY- SUSIE KENDLETON- DOMINOES FRESNO- FRALONDA CRAFTS 	20. <b>BINGO</b> 	21. FULSHEAR- ALICIA FRESNO- HEALTH MOBILE GAMES  Bible Study 	22. <b>TEXERCISE EVENT ALL CENTERS AT SUGAR LAND</b> 
25. <b>BINGO</b> 	26. TRI-CITY- FRALONDA  CENTERS CHOICE 	27. <b>BINGO</b> 	28. KENDLETON- WAL- MART DOMINOES & GAMES  Bible Study 	29. KENDLETON- BIRTH- DAYS  MOVIE DAY 



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Senior Centers

**Brookshire**  
United Way Service  
359 Highway South 539  
281-822-4200

**Fresno**  
4521 FM 521  
281-431-0776

**Fulshear**  
6920 Katy-Fulshear Road  
281-533-9400

**Katy**  
443 Danover St.  
281-391-4414

**Kendleton**  
109 Guess  
979-531-8315

**Rosenberg**  
1330 Band Road  
281-633-7049

**Tri-City**  
3110 5th St.  
281-499-2616



MISSION STATEMENT: Fort Bend Senior Citizens is committed to helping seniors remain independent by enhancing their quality of life through services and resources.