



August 6, 2010

To all Fort Bend Seniors Meals on Wheels Volunteers:

First, we would like to thank you for the time and energy it takes for you to assist us in making sure that the seniors of Fort Bend and Waller Counties are fed daily. We absolutely could not take care of 1,000 senior citizens a day without your help!

The meals we serve are a necessity to our senior clients. That is why it is important to deliver the meals in a manner that is required by our funding sources. According to the Older Americans Act, all food preparation, handling and service activities shall comply with the Texas Department of Health Division of Food and Drug, "Rules on Food Serve Sanitation."

We do need to stress the importance of delivering the meals directly to the senior or their authorized care givers. It is imperative that the meals are not left outside the home (even in a cooler) if the senior client is not there. Based on the requirements of the Houston-Galveston Area Agency on Aging, the meals we serve have to stay within a certain temperature (above 140° for Hot meals and below 40° for frozen meals) to be deemed safe for our seniors to eat. Delivering the food within these ranges will help us ensure that our seniors will not get food poisoning or other medical conditions associated with improper food handling.

Again, we thank you for your volunteerism and for choosing Fort Bend Seniors Meals on Wheels!

Regards,

Manuela Arroyos  
CEO

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