

Sugar Land Community Center



Week of:
August 9, 2010

If you stop by the Sugar Land Community Center in the early morning hours, you will usually see **Dorothy Vatalero** assisting Distribution Site Manager **Isaac Goodell** by counting, packing and organizing the meals for delivery. When I stopped by, Dorothy welcomed long time volunteer, **Mary Unvert**. Mary began delivering Meals on Wheels with her close friend **Helen Haggood** over 15 years ago! Although Helen has moved that hasn't slowed Mary down at all. She simply recruited her husband **Don Unvert** to join her on deliveries!

Eddie Barr arrived with a big smile announcing that he was filling in for another volunteer who was out of town. New Volunteer **Nancy Malke** was inspired by Eddie's heart for service and offered to head the list of Alternate Drivers when the need arises!

Mary Joseph, who has been volunteering with Fort Bend Seniors for years now, usually serves with friend **Indira Nair**, but arrived solo today. "Indira is out of the country and I'm taking the route on myself for a few weeks. I so enjoy serving the Seniors!" said Mary. **Moji Okundaye** recently returned from China. Jetlagged and all, she pulled herself together to serve her precious Seniors.

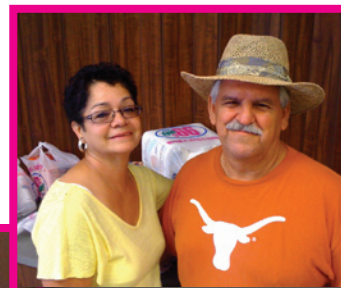
Speak with your Site Manager or add your name to the Alternate Drivers sign-up sheet posted at your site, if you would also like to offer this much needed layer of support.

Isaac appreciates the level of dedication demonstrated by all the Volunteers .

" For the most part, I can count on our volunteers to be here by 8:15am on their scheduled days. What most people don't know that on the days they can't show up, I personally have to add their route to my delivery route. Early meal pick-up by our volunteers enables me to get on the road and get the remaining meals delivered to our waiting Seniors while they're still hot and healthy. "

For many of our Seniors, this is the only meal they will have all day, so receiving their "lunch" early is a welcome sight." said Isaac.

Rosenberg Distribution Center



Drivers Pete and Lee are seen here loading mini mountains of boxes containing shelf stable meals as part of the Hurricane Preparedness preparations underway at Fort Bend Seniors Meals on Wheels. In addition to the meals, other provisions, including water, paper products and flashlights are being delivered to our Seniors throughout Fort Bend County.

Distribution Site Manager Mac Arriaga along with high school volunteer Doyle Jones arrive early to pack large coolers with hot meals. "Doyle has been a great help. I could use many more volunteers just like him!" said Mac.

We have very dedicated volunteers in our congregate site as well. Joe and Dora Balli just returned from a shopping spree and carried in bags and bags of Bingo prizes for the Seniors. " We shop at the Dollar Store and concentrate on items that Seniors need like shampoos, paper products, toothpaste, creams and boxed and canned goods. Bingo winners are thrilled to choose their prize from a basket brimming with a variety of things."

17 year old Selina Guerrero has been extremely generous with her time. "I volunteer with the Seniors at the congregate site from 8:00 to 2:30. It's fun! We play bingo, have social time, music, movies and exercise class. And, of course, we talk. Everyone enjoys talking...a lot!" Selina, who is home schooled, will continue to volunteer throughout the year.

Dian Hill is passing on the spirit of giving to the next generation and to her community!

Dian, who has been delivering for years, is joined each summer by her daughter Nicole Hill, a junior at Austin High School (FBISD), "Nicole enjoys spending a little extra time speaking with the Seniors and has nurtured a special bond with each and every one we serve. It is so much fun volunteering beside her," said her proud mother.

Our outreach efforts in Rosenberg have identified many needy Seniors. Please talk with family, friends and neighbors and help us to recruit more volunteers to support our efforts in getting the meals delivered on time.

